

# HEALTHY WOMAN

## DeTar Healthy Woman Anniversary Event

Thursday, May 13

Victoria Community Center

4:30 - 6 p.m.: Health Fair & Women's Expo & Silent Auction

6:30 p.m.: Dinner, National Speaker & Prizes: \$20/per person

**"Hope for Women Who Can't Find Their Keys: Confessions of an Imperfect Woman."**



Lisa Smartt is a 46 yr. old woman who loves to laugh! Born in a small town in West Kentucky, she now writes a weekly humor column from her home outside Dresden, Tennessee. She lives on 16 wooded acres with her husband of 21 years, two sons (who sometimes fight), and a male cat who desperately needs Prozac. Her first book was released in 2007 entitled, "The Smartt View: Life, Love, and Cluttered Closets."

Public speaking is Lisa's passion. She has spoken to groups around the country on subjects like "Contentment in a Discontent World" and "We're All in the Same Boat, So Grab a Lifeline." Lisa believes laughter is a gift and LOVES to share with others her personal weaknesses, struggles, and the sheer JOY of daily living!

**To register for this event, and to register for the free healthy woman program**

Visit [www.detar.com](http://www.detar.com) or call 361.575.5525

Anniversary pre-registration deadline: May 12<sup>th</sup>.

Tickets will be available at the door.

*You can buy a ticket from the following: Edna Gambardella, Ramona Garnett, Lynda Linam-Parma, Barbara Yehl, Jane Williams, Connie Pape, Margaret Rice, Robin Janecka, Angie Serna-Biehunko, Pam Parsley, Jessica Washington, Laura Gilbert, Julie Heibel, Tonya Scheibelhut, Kathleen Carey, Teri Moten, Carol Fox, Yvette Peuttus or at DeTar Health Center and both DeTar Hospital Administration Offices.*